OTTER RAIL & RIVER RUN - SATURDAY 13th JULY 2019

TIPTON ST JOHN PLAYING FIELD (EX10 0AF)

Multi terrain 10km race (min age 15) + Jackie Box Fun Run

10km start time 11am  Fun run start time 10am
Held under ARC rules ( Permit ARC 19/252) by Tipton St John Playing Field Association

In conjunction with  SIDMOUTH RUNNING CLUB

The 10km is a mostly off-road, flattish, scenic countryside route with start/finish on the playing field. The fun run will be around 1.5k across fields

NB: Because of stiles, narrow paths the 10km is not suitable for wheelchairs, prams or pushchairs.

Many thanks to our sponsors. Proceeds to Tipton St John Playing Field Association and its nominated charitable causes.

Entry fees: 10km £12 - discounted to £10 for ARC/EA club members.  Fun Run £3

"EARLY BIRD ENTRY UNTIL 14/4/17 - £10 unaffiliated/£8 affiliated"

10km entries £2 extra on the day space permitting  10km race limit: 250

10km prizes: 1/2/3 Male and Female.. Veteran category (5 year grouping) and local runner prizes. Mementoes for all, including a pint of Otter Bitter!

Fun run prizes: 1/2/3 M/F, also age and local runner awards. Medals for all.

Closing date for receipt of postal entries 7-7-19 Send form to (enclose SAE if you wish your number to be posted):

Otter Rail and River Race, 9 Otter Close, Lancercombe, Sidmouth, EX100JT

Race updates at  www.tiptonpfa.wordpress.com  or email otterrailriverrun@gmail.com FB: @Otterrailriverrun

Enter online at  https://register.canbook.me/otterruns-event-1:

*Weekend camping Friday/Saturday on this picturesque riverside site – see website or email for details!

Otter Rail and River Run - Saturday 13th July 2019  Or enter online at  https://register.canbook.me/otterruns-event-1:

Please circle as appropriate:  10km Unaffiliated £12 (£10 early bird to 30/4/17) (£14 on the day)
10km ARC/EA affiliated £10 (£8 early bird to 30/4/17) (£12 on the day)  Fun run £3

Cheques payable to: Tipton St John Playing Field Association
I choose to enter the event at my own risk and agree to abide by ARC rules.

Name: ........................................................................................................ Male/Female: ........... DoB: ........... Age on race day: ...........

Affiliated Club: ........................................................................ If you live within Tipton St John Parish put an L here: ...........

Address: .................................................................................................................................

Tel: ................................................................................ Email: ..........................................................

Date: .......................  Signed: ............................................. (To be signed by parent or guardian if under 18)

NB: Numbers issued on the day unless SAE enclosed.